

Instructions for BARIUM ORAL CONTRAST for CT Radiology Procedures Out Patients

DO NOT drink the liquid barium (contrast) if you answer “YES” to the following question.

1. Have you had an allergic reaction (hives, rash, trouble breathing) to barium that you either drank or received by barium enema?

Instructions for the use of BARIUM ORAL CONTRAST:

Keep the 2 bottles of “smoothie” liquid Barium (contrast) in the refrigerator; most people prefer it cold. Each bottle contains 450 milliliters.

Shake the bottles to mix the contents before you drink it.

1. Drink both bottles of the **Barium Smoothie 1 hour prior** to the CT scan.
2. You may not be able to drink the entire barium smoothie. Do the best you can. Throw away any unused contrast.